

Things To Do / Places to Eat

Favorite Spots (Monteagle Area)

Travel toward Nashville to Monteagle

Papa Ron's Pizza & Coffee House (italian) - (931)924-3355

High Point (upscale, reservations) - Phone: (931)924-4600

Mountain Outfitters (fun place for bargains) - Phone: (931)924-4100

Favorite Sites (Chattanooga)

Tennessee Aquarium (Phone: 785-4050, hours: 10:00 a.m. - 6:00 p.m. Eastern Time)

Bluff View Art District

Tony's (italian) - Phone: 265-5033

Rembrandt's Coffee House - Phone: 265-5033, ext. 3

Downtown Area

212 Market (healthy gourmet) - Phone: 265-1212

Sticky Fingers (BBQ) - Phone: 265-7427

Mt. Vernon (South Broad) - Phone: 266-6591

Local Restaurants

Cracker Barrel & many chains at Kimball

Western Sizzlin', one exit south at Jasper

Stevarino's (pasta dishes and pizza) - Phone: 837-5420

Various fast food (avoid chinese in shopping center)

Chinese Buffet - Phone: 837-0089

Dixie Freeze (salads, vegetables at lunch) - Phone: 837-6423

Local color - The Pirate (hamburgers) - Phone: 837-7763

Local Shopping

Hammers (very wide mix of items) - Phone: 837-7396

Lodge Outlet (cast iron skillets) - Phone: 837-5919

Opera House (music & supplies) see reverse - Phone 837-6650

Doodle's Emporium (our downtown magician) - across from Princess Theatre

Local Doctor

Dr. Rusty Adcock

Phone: 837-7144 (or call Judy for his cell number)

Local Hospital

Grandview (most staff use Chattanooga hospitals - Erlanger or Memorial)

Phone: 837-9500

Whom to Call for Help / Directions / Logistical Information

Judy Graham - office phone: 837-6724, cell phone: 413-2093, email - judygra423@aol.com

Judy's Other Chattanooga Favorites Or Things the New York Times Did Not Mention

1. For shoppers, Hamilton Place is Tennessee's largest Mall and has the Bonefish Grill (call ahead 424-892-3175) and numerous other restaurants. The mall is about 10 miles from downtown toward Knoxville.
2. The best chicken is at Bea's which is about 2 or 3 miles from downtown, in an area of town that is not frequented by tourists. My sons think it is the best because they have "pulley" bones and they put food on a lazy susan in the middle of the table and just keep refilling the bowls. (cheap/down home southern experience) Best quiet southern meal is at the Mt. Vernon on South Broad Street (good supper spot for groups).
3. The best cheap breakfast (and maybe lunch too) downtown is at the Ininside Restaurant (423-266-7687), which is sort of hidden behind the Read House Hotel on Broad Street. The Read House is beautiful and the lobby is worth a free visit, especially if you want to go to Starbuck's and are walking to the aquarium area or Ben and Jerry's.
4. The walk to the Bluff View area and the Hunter Art Museum area is really easy from the Aquarium area; the food is always good there, and the shops and sculpture garden are just fun to visit. Rembrandt's coffee shop is a great place for dessert and they have other light food also. Even non-walkers would enjoy the trip there on foot. There is a fun water taxi on weekends, and also a Chattanooga duck tour (vehicle tour that ends up in the river). The "Northshore" area is fun, and the Greenlife Grocery has great food (local, deli - 2nd floor eating area is quieter). Gelato is made from organic fruit.
5. My husband loves trains, so don't overlook the Choo-Choo models if you are into such things. We like the Railroad Museum, too.
6. There are plenty of food choices downtown, and the New York Times article mentions the BlueWater. I also like 212 Market (good for group dinners), Niki's Southside, and the Chattanooga (especially great and a super value for the lunch buffet).
7. Be sure and ride the Incline, it is the fast way to see Pointe Park and take in a little history and a great view and maybe See Rock City.